

Apply for counselling or guidance

If you are 64 years old or younger and have been laid off or are employed, you can receive counselling or guidance from one of our advisers.

You can find more information about the conditions at nysteget.se/conditions

Read about how we handle personal data and what rights you have nysteget.se/in-english/about-us/our-personal-data-processing

*= Mandatory information

Your details

Check this box if you have protected personal data.

Personal data

Personal identity or coordination number *
Given name(s) *
Surname *

Address information

Address *
Postal code *
Town/City *
Country

Contact details

Email address (we will send the confirmation email and decision to this email address)
Telephone number *

Your employer

It is your employer's collective agreement that determines which transition organisation can help you. If you are not covered by a collective agreement, we can help you. Not sure if your employer has a collective agreement? Ask your manager, HR department or trade union.

Are you covered by a collective agreement?*
Yes
No
Your employer's organisation number (xxxxxx-xxxx) *
Name of your employer
Place of work (in this context, place of work means the town/city where you carry out most of your work) *
County (the county where your place of work is located) *

Your role, shareholding situation and relationship with your employer

To receive our counselling or guidance, you must answer "no" to all the questions below.

Are you or were you the managing director/CEO of your workplace? *
Yes
No
Do/did you own one third or more of the shares in your workplace? *
Yes
No
Do/did you own one third or more of the shares in your workplace together with your spouse, registered partner, cohabiting partner, parent or child? *
Yes
No
Do/did you work for a self-employed person who is your spouse, registered partner or cohabiting partner? *
Yes
No

Your work situation

Please select the work situation that best reflects your current circumstances and complete the relevant fields below.

If you are an employee

What type of employment do/did you have? *
Permanent employment
Temporary employment
Probationary employment
What date did you start your employment? *
If you are a temporary or probationary employee, when is the last day of your employment?

Complete your application with certificates or documents

You need to supplement your application with a document or certificate from your employer.

If you have a permanent employment:

- A certificate or document confirming that you are employed by your employer. This could be, for example, a payslip or an employment contract.

If you have a temporary employment:

- A certificate or document from your employer stating the start and end dates of your employment.

If you have a probationary employment:

- A certificate or document from your employer stating the final date of your probationary period.

If your employment has been terminated or you are unemployed

To be eligible to receive our counselling, you must not have quit your job or have had your employment terminated for personal reasons. I certify that I have not resigned or had my employment terminated for personal reasons.
What was your last day of employment?

Complete your application with certificates or documents

You will also need to complete your application by providing a document from your employer stating when and why your employment ended. This could be an employer's certificate, for example.

Your adviser

If you are granted counselling or guidance, we need to know how you would like to meet with your adviser. If you choose to meet with them in person, the place of the meeting will be in or near the place of work you indicated in this application.

How would you like to meet with your adviser?*

Digital meetings

In-person meetings

Income and time worked

To be eligible for counselling or guidance, you need to meet the conditions for income or the number of hours worked over the past two years.

Complete your application with certificates or documents

You need to complete your application by providing a certificate or other document showing your income or hours worked over the past two years. This can be, for example, an employer's certificate or pay slips.

Send the form to

Kammarkollegiet
Den offentliga omställningsorganisationen
651 80 Karlstad

Contact us

Email: ooo@kammarkollegiet.se
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Website: nysteget.se